



Home of the Cougars

KRUSE Elementary School

4400 McMurry Avenue
Fort Collins, CO 80525

Principal
Mr. Samples

Assistant Principal
Ms. Lori Sander

Main Office Number
970.488.5625

Attendance Number
970.488.5626

From The Principal

Dear Kruse Families -

As we close in on holiday break, I would like to express how grateful I am to be associated with the families, staff, and students of Kruse School. As the principal, I am thankful for students who work hard to learn and who treat each other and the adults in their lives with kindness and respect. I am so fortunate to work with teachers and staff who are so dedicated to the success of each child, and who are continually striving to become better in their practices every day. We are also lucky to have so many parents that support and encourage their children, as well as demonstrate support and appreciation for our hard-working teachers and staff every day.

Recent examples of Kruse greatness:

- Incredible [Journey to Outer Space](#) 3rd grade music program for a sellout crowd
- Thoughtful PTO holiday gifts of plants, gloves and chocolate to every staff member
- Beautiful [Creative Endeavors](#) art display at the Foothills Mall featuring Kruse artwork

continued on next page

SAVE \$100*

HUNTINGTON
BEST SCHOOL
YEAR EVER
CENTER



**GET OFF TO A GREAT
START WITH HELP
FROM HUNTINGTON**

Personalized Attention. Proven Results.

970-223-5738 

We provide care for the whole family:
newborns, children, teens, adults & seniors!


Salud
Family Health Centers

Medical, Pediatrics
Dental, Behavioral Health, Pharmacy



303-MYSALUD (697-2583) or
(970) 484-0999

www.saludclinic.org

 Habla español

Medicaid, Medicare, and CHP+ accepted.



I will donate \$1000 to your school, soccer or baseball club.

Find out how!

kw KELLERWILLIAMS REALTY
NORTHERN COLORADO

Joe Mivshek

970.420.7163
joe.mivshek@km.com



 **From The Principal** *continued*

- Invitation to present to the PSD Advisory Board on our efforts and practices around Positive Behavior and Character Education
- New student led [Kruse News](#) daily news segment
- Generous and successful [PTO Holiday Giving](#) program and a full house for the [wrap party!](#)
- Recognition as a [John Irwin School of Excellence](#) by the state of Colorado for the third year in a row!

We wish your family a Joyful Holiday Season and Happy New Year. Don't forget to read everyday with your kids! (#1 item on my list for Santa.) See you next year!

Kirk



CLICK IT

Click on the Ads in this Newsletter



...to learn more about these great companies!



Since 1964 We've Been

Growing Healthy Kids

Your Family's Partner in Health from Pee-Wee to Varsity

Call to Schedule Your Appointment: 970.482.2515

Ft Collins • Loveland • Timnath





January Calendar



For pics and updates from school, follow us on Twitter @KruseES

- | | | | |
|-----|----------------------------------------------------------------------------|-----------|-------------------|
| 1-5 | No School – Winter Break | | |
| 6 | No School – Teacher Work Day | | |
| 7 | Elementary Students Return to School | | |
| 7 | Student Success Study Buddy Program | 3:30-4:30 | Media Center |
| 7 | PTO Meeting | 6:30-7:30 | Media Center |
| 8 | Kindergarten Orientation | 5:30-6:30 | Media Center |
| 9 | Kindergarten Tour | 3:45-4:15 | |
| 10 | STUCO Meeting | 8:15-8:45 | Room 701 |
| 13 | Kindergarten Tour | 3:45-4:15 | |
| 14 | Student Success Study Buddy Program | 3:30 | Media Center |
| 16 | Kindergarten Registration | 7:30-4:00 | Front Foyer |
| 16 | 4 th & 5 th Grade YES Concert
Symphony Field Trip | | Timberline Church |
| 17 | Elementary School Choice Deadline at Noon | | |
| 20 | No School - Martin Luther King Jr. Day | | |

continued on next page

**Add adventure
to your family
road trips.**

Visit Pedersen Toyota in Fort Collins
PedersenToyota.com
970•223•3100



Highlander

Pedersen
 Everything Cars, Made Easy!



All women. Always



Fort Collins
Loveland
Greeley

970.493.7442

womensclinicnoco.com

January Calendar



For pics and updates from school, follow us on Twitter @KruseES

21	Student Success Study Buddy Program	3:30-4:30	Media Center
24	PTO Family Fun Skate Night		Rollerland
27	PTO Fundraiser at DC Oakes (10% donated back to Kruse)	5:00-8:00	
28	Student Success Study Buddy Program	3:30	Media Center
30	Parent/Teacher Conferences	3:45-7:45	Classrooms

OAKWOOD HOMES

NOW SELLING

Single-Family Homes in
Thompson River Ranch

Two Collections **from the \$280s**
New School Coming Soon

 970.347.8345

 OakwoodHomesCo.com

© 2019 Oakwood Homes

No health insurance?

You may qualify for financial help.



We offer FREE, in-person appointments to help you understand your options and get covered.

Enroll by **Dec. 15** for Jan. 2020 coverage. Open enrollment ends **Jan. 15**.

Health District

LARIMER HEALTH CONNECT
(970) 472-0444
larimerhealthconnect.org

**GYMNASTICS CLASSES
ENROLLING NOW**



**Gymnastics programs
your kids will FLIP for!**

Certified Coaches | Boys and Girls Gymnastics
Programs | Recreational and Competitive
Preschool Open Play | Birthday Parties | Camps |
...and More!
Ages 18 months - 18 years



970-226-0306

TimberlineGym.com | 2026 Lowe St. Ft. Collins

 **Kruse News**

Kruse News is HERE, so please stay current with all our latest events and announcements and check out our new YouTube Channel.

While you are there *please* take a moment to SUBSCRIBE to our channel and whenever we post a video or GO LIVE you'll be the first to be notified.

Here's the link: <http://tiny.cc/krusenews>

 **Chess Mates Chess Club**

Spring session coming to Kruse on Mondays 3:30-4:30

Jan 13, 27 | Feb 3, 10, 24 | March 9, 23, 30 | April 6, 20, 27 | May 4


Follow the link below for information and registration

<https://chessmatesfc.com/school/kruse/>

 **PTO FitClub**

FitClub - We will be starting the year out with Yoga! Mark your calendars for our next 3 week session starting January 8, 15, 22, at 8:05 am. Our very own Natalie Brown will be teaching yoga for us!

If you have not signed up for FitClub yet there is still time. The cost is only \$20 for the entire year of activities. Email tamiboday@gmail.com




INTRODUCING

PORT COLLINS
CONNEXION

YOUR COMMUNITY-DRIVEN
AND COMMUNITY-OWNED
FIBER NETWORK!

We're bringing
affordable, reliable,
blazing-fast Gig-speed
Internet to Fort Collins.


fconnexion.com

NO CONTRACTS. NO DATA
CAPS. NO INSTALL FEES.

City of
Fort Collins

Second Step – Emotion Management

In December and January, our schoolwide theme is emotion management. Classroom lessons and Kruse News announcements will prompt students to notice their own feelings by paying attention to clues in their bodies, and we'll be reminding them to use their *Second Step* skills to calm down:

- Stop—Use your signal
- Name your feeling
- Calm down: Breathe, count, use positive self-talk

These skills help students calm down strong emotions when faced with learning and social challenges, which helps them succeed academically and get along well with others.

Second Step lessons specifically teach about calming down strong emotions such as anger, disappointment, frustration, and anxiety.

Please tell your child's teacher if you have questions about how you can help your child learn to calm down at home.

Science Matters After School Enrichment

Please Contact Science Matters for more information

ph. 303 805-9287 www.sciencematters.tv



Is it just a phase?



CAYAC

Child, Adolescent and
Young Adult Connections

Helping youth and families find
answers, options and support.


 **Art**

Dear Kruse Families,

I would like to thank you for your overwhelming support for the Kruse Art Program. This year's "Original Works" fundraiser was a complete success, beating last year's total by over \$400. To keep up to date on the Kruse art room happenings, check out the new website, www.kruseart.weebly.com. For parents and families of 3-5 grade, you can follow your student's artwork via the Seesaw app. If you need your student's Seesaw follow code, please email me at rmontgomery@psdschools.com.



This month's artist habit of the mind is "**Engage and Persist**". Students learn to embrace problems of relevance within the art world and/or of personal importance and develop focus conducive to working and persevering tasks... stay focused and don't give up!!

If you have not been to the mall to see the PSD "Creative Endeavors" art exhibition, it is not one to skip. Next time you are at the Foothills Mall, check out the amazing artwork from students all over Poudre School District. The show will be up until January 16th. "Art washes away from the soul the dust of everyday life." -Pablo Picasso

Ross Montgomery

Kruse Visual Arts

rmontgomery@psdschools.org

 **Crayola ColorCycle**

Attention Kruse Elementary: Mrs. Dolgin and Mrs. Coon's project pals need your help! They are continuing the Crayola ColorCycle program this year and would love to recycle any of your dried out markers! Please gather up any used, plastic markers, highlighters, or pens and send them to school to be placed in a ColorCycle bin. They will be sent to Crayola to be recycled, free of charge. Thank you in advance for your contribution to making our Earth a little more green!

Focus & Confidence?



We Have The **Solution!**

K - World Class Tae Kwon Do
(970)226-8548
www.focotkd.com
1514 E Harmony rd#10, FOCO, CO 80525



ORDER PIZZA AND HELP YOUR SCHOOL!

It's time again to RAISE SOME DOUGH!

For those of you unfamiliar with the DOMINO'S PIZZA fundraising program, each month you will receive a flyer like this from your school with your school pizza night date below. Use the specials below, or visit our website at www.dominos.com and view our specials there. Then order on the date below, turn in the coupon below, or send your order information to jclarke@dominos-now.com.

We will then donate portions of each sale back to your school. In addition, the class with the most coupons per pizza night will get a pizza party. But, we have to have receive at least 20 flyers first. So set one night a month aside to order from us, and well help you help your school make money all year long!

YOUR PIZZA NIGHT DATE THIS MONTH IS January 9, 2020

The ABC's of savings are good deals from Domino's!

Mix and Match

Order two or more Medium 2topping pizzas, sandwiches, pasta or cheesebread for \$5.99 each!

Coupon Code 9193

Give this coupon to your driver or server

Should you forget, you can still send your order information to jclarke@dominos-now.com

School _____ Date _____

Teacher _____ Order # _____

Number of Pizzas _____

Number of Sides _____





POUDRE SCHOOL DISTRICT
CREATIVE ENDEAVORS
K-12 ART SHOW 2019-20

Art Show Dates – November 22nd- January 16th

Opening Reception @ Foothills

November 22, 2019-Cookies and Hot Cocoa from 5pm-7pm





{T.G.I.F.}

art club

Kruse PTO
After School

Fridays in

January

3:30 – 4:30pm

*In January we will be drawing beautiful,
detailed images of BARNES
in Winter!*

*(For all grades and levels) Payment includes:
Supplies, snacks, and amazing finished works of art weekly.*

January: Fridays – 10th, 17th, 24th, 31st

Time: 3:30-4:30pm

Grades: K—5th graders

Tuition: \$45.00 total cost this month

PARENTS! Please try to have students signed up asap :)

a *about the instructor*

Mary Carsway grew up in the New Orleans area, where her childhood was shaped by the art, architecture and spirit of the region. After studying fine art and graphic design at Louisiana State University, she spent 15 years as a graphic designer, illustrator and fine artist before relocating with her husband and two sons to Fort Collins in 2002. She currently teaches fine art classes for women & children, and sells her paintings at Dandelions & Rust and The Elizabeth Hotel right here in Fort Collins.

art club

Registration

*Fill out and return to school office. Please include payment with registration.
Make checks payable to "Kruse PTO".
Contact Mary Caraway (Art Club teacher) with any questions.
coloradocaraways@gmail.com or (970)207-1700*

Parent Name: _____

Parent Phone: _____

Parent Email: _____

Student name and grade level:

_____ Grade: _____

_____ Grade: _____

Which month will your child be attending? _____

Monthly Fee Included? _____

*These classes are provided only as a public service.
Kruse Elementary and Poudre School District neither recommend nor endorse this program.*

Plan early for the 2020-2021 school year!

Applications for preschool available January 6, 2020.
Eligible families that apply before February 28 will
receive their acceptance letter by April 10, 2020.



FULLANA LEARNING CENTER
220 North Grant Ave., Fort Collins, CO, 80521
Main Office phone: (970) 490-3204
psdschools.org/programs-services/early-childhood-education

¡Planifique temprano para el año escolar 2020-2021!

Solicitudes para preescolar serán disponibles el 6 de enero
de 2020. Las familias elegibles que presenten su solicitud
antes del 28 de febrero recibirán su carta de aceptación
antes del 10 de abril de 2020.



FULLANA LEARNING CENTER
220 North Grant Ave., Fort Collins, CO, 80521
Main Office phone: (970) 490-3204
psdschools.org/programs-services/early-childhood-education



Starting January 6, 2020
Online Registration
Available for new PSD students

olr.psdschools.org



Complete the process by taking these documents to school:

- ✓ Birth Certificate
- ✓ Proof of Address
- ✓ Immunization Records
- ✓ Home Language Survey
- ✓ BOCES Eligibility Survey
- ✓ Custody paperwork (if applicable)



Questions about registration? Contact your neighborhood school.



Empezando el 6 de enero de 2020

Registro en Línea

Disponible para nuevos estudiantes
de PSD

olr.psdschools.org



Complete el proceso llevando los siguientes documentos a la escuela:

- ✓ Certificado de nacimiento
- ✓ Verificación de dirección
- ✓ Registros de inmunización
- ✓ Formulario del Lenguaje en el Hogar
- ✓ Encuesta de Colorado MEP
- ✓ Papeleo de custodia (si corresponde)



¿Preguntas sobre la registración? Comuníquese con su escuela de vecindario.

January 2020

Kruse
Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3



6

- No School Today

7

- Chicken Alfredo
- Cheese Calzone & Marinara
- Green Beans
- ColdDeli Yogurt & Goldfish
- Cold Deli Meat & Goldfish
- Pb&J Sandwich

8

- Orange Chicken & Rice
- Hamburger & Cheeseburger
- Steamed Broccoli
- ColdDeli Yogurt & Goldfish
- Cold Deli Meat & Goldfish
- Pb&J Sandwich

9

- Beef Taco & Rice
- Chicken Nuggets
- Refried Beans
- ColdDeli Yogurt & Goldfish
- Cold Deli Meat & Goldfish
- Pb&J Sandwich

10

- Hawaiian Pizza
- Cheese Pizza
- Corn
- Yogurt Parfait
- ColdDeli Yogurt & Goldfish
- Cold Deli Meat & Goldfish
- Pb&J Sandwich

13

- Chicken Strips
- Tomato Soup & Grilled Cheese
- Steamed Carrots
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich
- Nugget Dipping Sauces

14

- Cheese Ravioli & Roll
- Pig in a Blanket
- Green Beans
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

15

- Teriyaki Chicken & Rice
- Hamburger & Cheeseburger
- Steamed Veggies
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

16

- Ocean Treasures
- Homemade Chili & Cinnamon Roll
- Black Beans
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

17

- Pepperoni Pizza
- Cheese Pizza
- Peas
- Hummus & Veggie Box
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

20

- No School Today

21

- Penne & Meat Sauce
- Cheese Calzone & Marinara
- Green Beans
- Cold Deli Yogurt & Pretzel
- Cold Deli Meat & Pretzels
- Pb&J Sandwich

22

- Orange Chicken & Rice
- Chicken Patty Sandwich
- Steamed Broccoli
- Cold Deli Yogurt & Pretzel
- Cold Deli Meat & Pretzels
- Pb&J Sandwich

23

- Chicken Tacos & Rice
- Hamburger & Cheeseburger
- Black Beans
- Cold Deli Yogurt & Pretzel
- Cold Deli Meat & Pretzels
- Pb&J Sandwich
- Mexican Condiments- ELEM

24

- Hawaiian Pizza
- Cheese Pizza
- Corn
- Chicken Caesar Wrap
- Cold Deli Yogurt & Pretzel
- Cold Deli Meat & Pretzels
- Pb&J Sandwich

27

- Tomato Soup & Grilled Cheese
- Ocean Treasures
- Steamed Carrots
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

28

- Mac & Cheese
- Lasagna with Beef
- Green Beans
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

29

- Asian noodle & Meatball
- Pig in a Blanket
- Steamed Veggies
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

30

- Beef & Bean Burrito ES-MS
- Chicken Patty Sandwich
- Refried Beans
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich
- Mexican Condiments- ELEM

31

- Pepperoni Pizza
- Cheese Pizza
- Chef Salad & Roll
- Peas
- Cold Deli Yogurt & Roll
- Cold Deli Meat & Roll
- Pb&J Sandwich

Food Offered Daily: Fruit Salad, Salad Bar, Assorted Salad Dressings, Assorted Condiments, Whole Wheat Dinner Roll, Cheese Stick Option, Chocolate Milk, Milk fat free, Milk low fat 1%